

IZTUZU



TURKISH &
MEDITERRANEAN
CUISINE
TYNEMOUTH

40 Front Street
Tynemouth
NE30 4DZ

RESERVATIONS

0191 429 3900

www.iztuzu.co.uk



LUNCH SPECIAL

Wed / Thu / Fri

12pm – 3pm

Any starter & any main course.

£17.95

STARTERS

— COLD MEZZES —

Served with warm bread

Hummus GF

Chickpeas, tahini, hint of garlic & drizzled with olive oil & lemon juice.

Cacik GF

Yogurt with chopped cucumber, dried mint, garlic & olive oil.

Baba Ganoush GF

Smoked aubergine, finely chopped with a hint of garlic blended in a creamy yogurt & tahini.

Yaprak Sarma

Vine leaves stuffed with rice, fresh mediterranean herbs & spices in olive oil.

— HOT MEZZES —

Served with warm bread

Falafel

Chickpeas, dried broad beans, finely chopped red peppers, green peppers, fresh dill, celery, carrot, onion & coriander, deep fried served with hummus.

Halloumi

Grilled Cypriot cheese served with salad.

Sucuk

Grilled slices of Turkish sausage served with salad.

Mitti Kofte

Fried lamb meatballs served in a mildly spiced tomato sauce.

MAINS

Served with rice & salad

Chicken Shish

Chargrilled marinated chicken cubes.

Chicken Wings

Chargrilled chicken wings.

Adana Kofte

Chargrilled specially prepared minced lamb mixed with finely chopped garlic, herbs & spices.

Adana Chicken

Chargrilled specially prepared minced chicken mixed with finely chopped garlic, herbs & spices.

Vegetarian Moussaka

Aubergine, potatoes, green peppers, tomatoes, onions, carrot, mushroom, with bechamel sauce, oven baked & served with rice.

Vegetable Güvec

Mushrooms, spinach, courgettes, aubergine, onions, peppers in a special tomato sauce & served with rice only.

Falafel

Chickpeas, dried broad beans, finely chopped red peppers, green peppers, fresh dill, celery, carrot, onion & coriander, deep fried served with hummus.



Vegetarian



Contains Nuts



Contains Dairy



Gluten-free

Please inform us of any allergies or dietary requirements as we are unable to guarantee that dishes will be completely allergen-free.